

Creating Your Personal 10-Year / Future Vision

Your North Star that shines The Way for You.

Creating a 10-year Vision for your life is a gift to yourself. This is an opportunity for you to do something extraordinary just for you. The illumination of a Vision will reveal the path forward. This is an important piece of the work On Purpose.

This will be used as your “North Star” to shine brightly above and guide you along the awakening journey. The journey is freedom from fear and Awakening to — fully giving your Gift, living On Purpose and building the Vision you have for a better self and world. This Vision is the Light that shines The Way for you!

Use the instructions on the following page to paint a picture of the life and world you would create while imagining yourself sharing about it 10-years from this day. **Imagine you will have dinner with a person or spirit you will write to...in 10 years, on this date.** When you meet with them you will be sharing your success in living and creating what matters most to you, thanking them for their support living true to your Essential Self.

Don't discount yourself the opportunity to create this clarity of heart which will enable you to reach new levels of power, speed and effectiveness with what matters most to you.

The letter need be no less than $\frac{3}{4}$ of a page and no more than 2 pages written or typed. You can spend as little as 20 minutes or as much as an hour. It can be detailed and specific or more contextual in terms of character, experiences and qualities. **This is Your 10-year Vision...the only right way to do it, is to be YOU fully.**

Instructions

- 1** **Schedule an appointment with yourself when you will have 30 minutes to an hour of privacy and peace.** Regard this appointment as important as any other you would make. This is an appointment with someone of value, someone who matters, a person whose future is worth giving time, energy, and consideration to. It is an appointment with the only person who will walk all the way from cradle to grave with you. This is an appointment with your Essential Self! Regard it as an appointment with Destiny. After all, it is an appointment with the most influential person in your life!
- 2** **Settle in a comfortable place and position. Consider the space, environment, and time of day that naturally awakens the flow of creative energy for you.** Is there music you enjoy? Are there certain items or symbols that help you relax and feel peaceful? If so, have them with you. Decide whether you'll hand write your Vision or do it electronically. You may even dictate it. Use whatever mode allows the most freedom in the flow of your creative energy. Make sure you will be comfortable and feel the freedom to engage this opportunity fully and get the most from it.
- 3** **You are going to write your Vision in the form of a letter dated 10 years from the day you write it.** In other words, in the future looking back to this day. Give some consideration to a person or spirit, dead or alive, which if they would be your champion, you would be assured to succeed at creating the Inspired Life you imagine. If you have a particular faith, spiritual practice, or religion, you will likely aspire to connect in that relationship (Jesus, The Blessed Mother, Buddha, Krishna, for example...or others). Some have written to Colin Powell, Oprah Winfrey, Dale Carnegie, or other known modern thought leaders. Many have written to a beloved parent, mentor, guru or grandparent. You will write a letter sharing the success you imagine to have had in the last 10 years. Pick someone to write this to.
- 4** **Review your Gift, Purpose and Vision.** You must first know where you're trying to go before you can take the first step in getting there. Take a quiet moment to really settle into the concepts on your Card on Purpose. This will help to guide you on this journey.
- 5** **Let your dreams and creativity flow freely. Don't hold back.**
- 6** **Now it's time to write... paint the picture.**

When you are ready:

- **Date the page 10-years from the day.**
- **Start with “I am ___ years old today” (adding 10 years to your current age).** Also list the key people that you are in life-long relationships with and add 10 years to their age. For example: “Margaret (wife) is ___ years old”. “Charlie Brown (son) is ___ years old”. Etc.

Now consider things you may include in the letter:

- **Health.**
- **Relationships.**
- **Prosperity.**
- **Profession.**
- **Home.**
- **Impact on your family, community, the world.**
- **The qualities of your character.**
- **What your Life Work will be (where will it be in ten years).**
- **Love life, romance, intimacy.**
- **Things you want to explore, adventures you’d like to experience.**
- **Creative contributions that are uniquely you — “coloring outside the lines”.**
- **Legacy, what you will leave when you are gone, what you will be known for.**

- **Write “Dear _____” start writing...**
Let the creativity of your imagination and dreams flow onto the paper. Let it flow unedited and uninhibited. Allow yourself to feel the undeniable, irresistible, indestructible Love inside you that wants to live life to the fullest, creating and building the self and world you imagine.
- **When you feel like you’re finished — like you’ve managed to paint a picture of the life and world you truly want,** use the questions on the following page to **determine whether it’s a game worth losing.**

Come to a place within yourself where you say "That's it."

Dot all the i's and cross all the t's.

Get it right for yourself.

Then ask these questions:

When you come back to this in 10 years and review your progress, if you achieve all or most of it, how satisfied will you be on the scale of 1-10?

