

On Purpose Now.

Vital Practices for Living On Purpose.

1. Do I want to Live On Purpose Now?
2. Am I On Purpose Now?
3. How shall I proceed On Purpose in these conditions with these people?

These are questions to ingrain into your mind. The way it happens is with practice.

BUT Reduction Worksheet:

With over three decades of practice, I have learned that Living On Purpose is a lifelong BUT Reduction. I was recently asked; how long will I continue to do BUT Reduction Worksheets? After all some days now, I don't have any BUT's... BUT some days I still do. My answer was when I have had no (0) BUT's for one whole year (365 days), I will consider giving up the practice.

If I were forced for some reason to give up all the tools I have learned and developed for Living On Purpose except one, I would keep the BUT Reduction. It is the most practical and most effective practice for getting On Purpose and staying that way. This is THE MOST VITAL PRACTICE!

Review of your On Purpose Card, or a regular review of fear or Purpose, as a daily practice, is where it all begins. Some people, after participating in the Life Purpose Discovery work, are shocked at the radical difference just knowing the contrast of fear to Purpose. When the fear-based self is exposed, most estimate it is influencing their thought, energy and action upwards of 85%. Simply divesting energy from the ego thought the system can bring an enormous sense of Peace. Investing it in Purpose brings unimaginable Clarity and Power to life.

Finally, creating your daily Intention On Purpose sparks your Creative Self and sets your mind in the Inspiration Zone. I use the "Daily On Purpose Initiative" to do this.

Attached you will find three vital tools for Living On Purpose that, if you use them regularly, will guarantee a steady source of inspiration for your day.

They are:

- The On Purpose Work.
- The BUT Reduction Worksheet.
- The Daily On Purpose Initiative (instructions + Daily Sheet).

Print them and try to use them each at least twice this week. You might be surprised at how a little practice, using these Vital Tools, will go a long way in bringing Clarity, Power and Speed to your devotion to Living On Purpose Now.

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