

The No Blame Challenge

Mastering The Red Dot – “You Are HERE”.

The perennial wisdom of the ages teaches that the power is Here/Now. It makes sense. Where else could it be? Yet many of the psychological and achievements of human potential methods are about getting somewhere else. They are driven by the ego belief that “*there is better than here*”.

There is power in purpose and, be assured it is Here and Now. Purpose is about being here, where you are. Wherever you experience an absence of Freedom with Inspiration, Power and Abundance is simply an area of life where you have not, or are not currently, applying your Purpose.

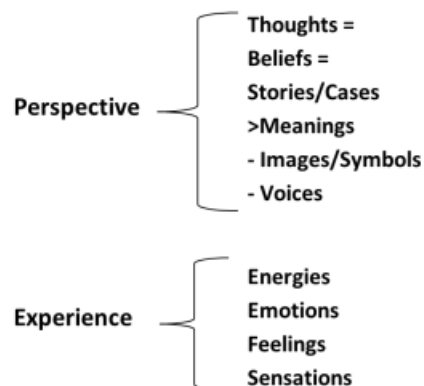
Blaming is never really a great purpose, but rather it is a blinding and blocking of purpose. Developing skill through practice and discipline of the Red Dot, you can claim, in fact, master every area of life On Purpose Now.

You will feel the power of purpose flow in when you have identified and accepted the Red Dot – “You Are Here”.

In reality, there are only two choices:

- We can accept where we are, what we and others think and feel
- OR
- We can resist and fight against what is.

● The Red Dot... “You Are HERE”



This and nothing outside of you is the source of all pain, suffering and sacrifice you perceive and experience.



The first skill in making and sustaining Life On Purpose is the ability and reliability to identify when you are in default and shift to being On Purpose.

The second skill is mastering The Red Dot.

- The capacity to know where you are, what your perspective is and your experience autonomously, with no need for validation or acceptance outside yourself. That is, you own and even contain your perspectives and experiences. They are yours and you are responsible for them. You also know it is valid for what it is. YOUR perspective and experience. Furthermore, you are able to assimilate, digest and metabolize it.
- You can dialogue, understand and accept the perspectives and experiences of others without judging even when they contradict, combat or conflict with yours. After all they are only where they are – THEIR Red Dot. 10 people will have at least 10 perspectives and experiences of the exact same occurrences.
- Being able to discern and distinguish your own Red Dot and that of others, you can curiously explore common ground to co-create inspiring vision.

Now comes the No Blame Challenge!

This is the third required skill to sustain life On Purpose Now. This challenge, “the mission if you choose to accept it” and follow through, guarantees the undoing of the ego first by implosion, then dissolving the residuals into purpose. Before taking the challenge, it is important to think it through and be brutally honest with yourself. A half-hearted commitment to this will yield half-assed results. It will take work. Uncommon, almost unheard of, levels of honesty, open-mindedness, willingness, humility, devotion, and practice will be required. You want to make sure this is a declaration you are consciously making and are congruent with the intent of it. And if you do take it on and follow through - it is worth every ounce of effort it will take!

What is it?

It is simply making a declaration, eliminating habits, and creating new practices that represent your devotion to it.

Declaration:

I am committed to relinquishing all right and reason to blame anyone and anything (including myself) for my perspectives and experiences (what I think and how I feel).

That is sufficient. Then cut out blaming anything and anyone including yourself, for your perspectives and experiences. This is very simple, but not easy. Easy is for the weak and faint of heart. You can do it!

BONUS ACCELERATORS

If you want to triple the speed, add the following two declarations to your challenge.

Declaration

I am committed to relinquish all right and reason to judge (good/bad, right/wrong, negative/positive, guilty/innocent, wicked/wonderful) anyone or anything, including myself.

Declaration

I am committed to relinquish all right and reason for creating and perpetuating drama.

Blame, judgment, and drama are all driven by fears of the past. It is important to realize the habits of these may persist for a while. So you will benefit from the commitment to admitting and accepting when this happens. And then get back to practice *without blaming, judging, or creating drama. Thus, it is only a matter of practice and persistence before the dissolution of the ego and the residual and remnant patterns will be ended.

There is nothing left, but creating life in Freedom with Inspiration, Power and Abundance giving your Gift, Living On Purpose and building the Vision you have for a better self and world.

***FOOTNOTES: Warning the purpose of the following notes are to encourage and empower you to take this challenge.**

- You are asked to give up the right to blame, judge and create drama. Blame is the source of victim mentality. Judgment and fear of being judged (judging those who judge you) is the proverbial fall from grace and creating your ego-self separate. Drama is the active creation of illusion. In essence this but challenges you to give up the right to protecting the illusion of illusions.

ON PURPOSE NOW.

- What is relinquishment of the right to blame, but the popular idea of “taking 100% responsibility” for your perspective and experience? Note that this challenge is not asking you to “take responsibility”. As it is often used in enlightened rhetoric, “taking responsibility” is a disguised way of creating a separate superior self, spiritualized ego, which is the nastiest of all wrapped in the arrogance of “it’s my fault”. It is enlightened sewage. However, how the hell could one “take responsibility” while retaining the right to blame?
- What is relinquishment of the right to judge, but the release of resentment through forgiveness and acceptance? You judge yourself the harshest. This sets up the framework for judging everyone and everything!
- What is relinquishing the right to create and perpetuate drama, but the request to make peace with what is rather than fuel the flames of illusion?
- Think of someone close to you that gets under your skin. Ask yourself this – how would you like for them to give up their right to blame, judge and create drama? What all would that make available in the relationship with them? How much would you appreciate it if they did, and how much more freedom and peace would you have with them? *You could take this challenge and provide that for both of you! Why wouldn’t you? If YOU take this challenge you can have that freedom, power and peace whenever you want it with whoever you want.
- One of the strongest resistances to taking this challenge is the perspective “this is impossible”. This may be true in the current conditions and operating system of your body/mind/circuitry. However, it IS possible to relinquish blame, judgment and creating drama in This Moment, here where you are!

Hopefully this leads you to one of the new popular enlightened terms – “the choice-less, choice”. Now the question is... why wouldn’t you take this challenge? What have you got to lose, but blame, judgment, and drama? Well and in the process, you will lose guilt, shame, the need to attack and punish, resentment and hate as well. Of course, we could bypass all this by giving up the need to be right about what is wrong with other people, yourself, and the world.

With respect for your freedom to choose, honor for your decisions, and reverence for your expression of creativity...