

How to Score Your Game Worth Playing

Read the Intention and rate it on a scale of 1 to 10, asking:

- How well did I follow this Intention?
- How well was I guided by this Intention over the given timeframe?
- Note the number next to the Intention.

Read your “Game Plan”. It might be 1, 3 bullets or up to 6. The way you rate it is:

- How well did I follow this game plan? Or,
- Did I change it on purpose? You might get in the game and realize you didn't have the right game plan or learn something new that exposes a better Game Plan. If so, change it On Purpose and rate following that one..
- If you have more than one bullet, rate them all and average them.
- Note the number next to the Game Plan.

Read your Plays. You want to design them so you can say Yes/No. With these either you took the action or didn't. For example, I will work out 4 times. You did or didn't.

- X the ones you didn't do.
- Check mark the ones you did. Some of them are soft and tangible so be kind to, it's not about punishing yourself.
- Then, say you had six Plays, and completed 3. The average is 50% translated to 5 on a 1-10 scale.
- Note the number next to Plays.

Now read the “Play for's”. These may be designed as specific and measurables or may be more intangible. Just be honest and kind as

you score them, asking did I produce these results, yes or no?

- X the ones you didn't achieve.
- Check mark the ones you did.
- Then, say you had six Plays for's, and completed 3. The average is 50% translated to 5 on a 1-10 scale.
- Note the number next to Play for's.

Now average the 4 ratings

- 1) Intention 2) Game Plan 3) Plays 4) Play for's.
- Write the number at the top of the page and circle it. This is your score for this Game Worth Playing.
- Here are the "Levels of Play"

< 5 = Learning to Play On Purpose.

5.1 - 6 = Playing not to lose.

6.1 - 7 = In the game.

7.1 - 8 = Playing to Win.

8.1 - 9 = Playing On Purpose Now.

9.1 - 10 = Mastery On Purpose.

Put that baby to bed. Game over...

- You scored it
- Noticed your progress as you were rating
- Made notes in your mind
- Design the next Game
- Play it