

# On Purpose Now •

## Plugging Power Leaks with Purpose

There are only three ways you give away the power to live On Purpose:

1. **Seeking acceptance.**
2. **The need for approval.**
3. **Judging and avoiding judgment.**

Surrender these and you will open a sense of purpose and power that is beyond measure.

Take a moment in your mind, to test this theory. Look back in your memory over the last few days. Locate a situation when you felt a marked loss of power, where fear or weakness overcame you.

Look deeper and ask where was I seeking acceptance, approval and/or judging/avoiding judgment? Maybe you will see all three are there. Every power leak has all of them, but one is more prominent. You will also almost always find the ego's plot of victims, villains, and heroes. Usually, it is the attempt to cast yourself as the hero and avoid seeing yourself as a victim or villain at all cost. The inherent fallacy in this ego's plot is -- that it takes the acceptance, approval and praise of others to maintain your cast as the hero. It is a fool's game.

Once you have viewed the scene, see if you can locate the characters. See who your mind has playing which role. Name them each, the victim/villain/hero. It could be that the roles are not played by a person. Maybe it is money, or affection or some other indirect interpretation of acceptance from outside you. Now see where the characteristics (power leaks) where in effect. Where, and from whom, where you seeking acceptance, needing approval, and/or avoiding judgment? Play the scene again, as you see these characters and characteristics playing their part. Feel the loss of power, the weakness that comes with this plot and endless need for yourself, the world and others to be as you cast them. Take specific notice of a magnitude of energy spent trying to orchestrate and manage the show. Feel the loss of freedom, power and inspiration as the life is sucked out of you.

Now imagine another scenario. See in your mind's eye a person who is here to give a Gift, live a Purpose and create a Vision they have of a better self and world. Being fully sourced by this single thrust of existence, this person has no need for acceptance, approval nor are they pre-occupied trying to avoid judgment. Perhaps you imagine this person as your Creative Self. There is a paradoxical irony here. When you accept, and approve of your Creative Self living on Purpose, all need, seeking and judging dissolves into a true power and presence emanating through you. Seeking acceptance, needing approval, judging/avoiding judgment disappears.

In my own practice, I have discovered it is possible to let the ego's plot be. When I have no need to maintain it, there is no need to worry either. Plenty of other people are happy to keep it going. I have developed an ability to give a Gift, live On Purpose and build a Vision of a better self and world

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instead of seeking acceptance, needing approval and judging/avoiding judgment. I know that this can be done no matter what. Whether I do it with a given situation, or not, remains to be seen moment to moment. The practice never ends.

Now I challenge you to look to the week ahead. Find a situation that you will be in, where you historically cast the ego's plot and activate seeking acceptance, needing approval and judging/avoiding judgment. See in your mind's eye, how you could give your Gift, live your Purpose and create a Vision of a better self and world in these conditions and with these people. Imagine how these unique characteristics would change things for yourself and the others involved. See yourself prepared to live as the Creative Self no matter what, no matter where and no matter who does what with whom.

Now choose who you will be, how you will think, what energy you will bring to life and the actions you will take from a place of Creativity. The choice is yours. You can miscreate the ego's plot of victims, villains and heroes seeking acceptance, needing approval and judging/avoiding judgment **OR** live with Purpose that moves you. It is as simple as a choice of fear or Purpose? You decide and open the access to a power beyond measure or keep leaking.

I am in The Game with you as we soar and stumble toward the Light!

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