

# On Purpose Now.

## The Curriculum vs. The Course On Purpose!?

There are a set of subjects for “Mastery On Purpose” that we almost all engage and follow. In reality your life, exactly as it is, IS the curriculum. The order of the subjects, emphasis, details, perspectives and experiences are uniquely yours.

Here are the **18 practicums** for **Mastery On Purpose**:

1. **Life** – your view of life affects how you see everything. Have you designed it On Purpose?
2. **Self** – “I Am”, who you believe yourself to be affects how you approach life.
3. **Purpose** – the purpose you bring to life decides your direction. This happens, whether it is conscious or chosen by the fear-based ego thought system. Your perceived limits, competencies and ability also have an enormous influence.
4. **Body** – my body is... will reveal what you believe about yourself. This can say volumes about the purpose the mind is using your body for.
5. **Women** – there is a fundamental belief that is, usually born in fear, the underpinning of our perspective for every woman we see or think of.
6. **Men** – (same as women) there is a fundamental belief that is, usually born in fear, the underpinning of our perspective for every man we see or think of.
7. **Relationships** – a relationship is a story. Whether it is one you are telling On Purpose or born in fear is the defining factor of how you navigate, negotiate and maneuver in relationships.
8. **Communication** – communication is the fuel of relationship. So much so, it is easy to confuse the two. However, communication is the underlying thread that weaves all the curriculum of “life” together. Giving attention and energy to the quality, quantity and content of communication may be the most beneficial subject to shifting all the others to Purpose!
9. **Affection/Companionship** - humans and dogs seem very alike in this. The desire for affection and companionship seems to get fulfilled no matter what. When it is conscious through relationship, communication and self-care a very healthy organism can thrive. By contrast, when these are met unconsciously with the excessive intake of food, alcohol, or even sunshine burns when we get too much... the short-term gratifications can lead to long term dis-ease.

# On Purpose Now.

10. **Time** – most of us relate to time as currency. “I don’t have enough time.” In truth, time is fixed. We all have exactly the same amount of it each day. Have you given purposefully given attention to how you will use time?
11. **Money** – used for fear or Purpose... period. Making this choice On Purpose can be a great freedom. Perhaps you can be free no matter how much money you have by simply earning, managing and spending it On Purpose Now.!?
12. **Work** – for all of us work is a symbolic expression of so much of who we are and our perceived worth. Have you designed and created an Intention for your work that is a true expression of purpose?
13. **Equipment/Systems** – if you have one, think of your home as a system. If you push a shopping buggy and make a new home each night, that too, involves equipment and systems. Clothes, credit cards, telephones, computers, stairs/elevators, roads, a car, the airlines these are all equipment and systems that support our existence. Some you control, most you don’t. How do you relate to and utilize these On Purpose?
14. **Love** – “love hurts”. This is a fear based belief. Love may be the most abused idea humanity has. It is generally related to like it can be given and taken. If Love be what we say it is, there can be no equal opposite. Using love to warrant fear is ridiculous. Yet most of us do this daily. Have you created your true relationship to Love On Purpose?
15. **Devotions** – (amusements, entertainment) ... we devote the day, resources, money, our very life energy to whatever we give our attention to. What devotions do you give energy to... how?
16. **Special needs** – for acceptance, approval, validation from something outside of us or in some other time and place gives away the power and ability to live On Purpose Here/Now. What are your special needs?
17. **Fear** – fear is afraid of sorrow. Sorrow is sad because fear is afraid. Angry is mad because sorrow is sad and fear is afraid. Fear is afraid of anger. Sorrow is sad because angry is mad. Increasing Awareness, Admitting and Accepting (forgiving) every fear in every form is the pathway of Purpose.
18. **Death** – the fear of death underpins every fear. Transcend this one... and all fear, sorrow and anger associated with it... and you have mastered Love it- Self.

Thus is *The Curriculum* for Mastery On Purpose!

The Course of Mastery On Purpose is a whole other realm. Stay tuned. The Course is revealed in the School On Purpose and exposed as you engage the curriculum. It is a hidden realm to the untrained eye. Fear Hunting is the process that reveals it. 😊

## **On Purpose Now.**

Mike Valentine | Mike@OnPurposeNow.com | 303 842 6020