

Course of Mastery On Purpose

The Curriculum vs. The Course

Imagine a river flowing and winding downstream toward a greater body of water, a lake or ocean.

Now imagine the ways you could follow the stream along. You could put on a life vest and float at the pace of the river. Perhaps you might travel in a motorboat that would increase the speed dramatically. A kayak made for one, a raft that holds nine people, or even a two-person canoe are all ways you could follow the river. Metaphorically speaking, these could be considered the “curriculum” you would bring to the river.

Then there is the “course” of the river. This is the same no matter the means on which you travel it. From life vest to motorboat, the course of the river is the same. It is easy to imagine that once you understand the course of the river, all the ways of travelling it are much better understood as well.

Mastery in The School On Purpose is the same. Once “The Course of Mastery On Purpose” is understood, all the curriculum is better understood and easier to learn and master.

In part I (of this II-part series) you were introduced to the 18 practicums for Mastery On Purpose. It is suggested that life IS the curriculum for living On Purpose. The order of the subjects, emphasis, details, perspectives, and experiences are uniquely yours. You can choose the curriculum, but not the course.

For handy reference, here is a summary of 18 practicums that make up the “Curriculum for Mastery On Purpose”. The longer descriptions are also attached separately.

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|------------------|-----------------|------------------------|
| 1. Life | 9. Affection / | 15. Devotions |
| 2. Self | Companionship | 16. Special needs (for |
| 3. Purpose | 10. Time | approval/acceptance/ |
| 4. Body | 11. Money | validation) |
| 5. Women | 12. Work | 17. Fear |
| 6. Men | 13. Equipment / | 18. Death |
| 7. Relationships | Systems | |
| 8. Communication | 14. Love | |

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So as with the different means to travel a river, these are the curriculum used to travel the Course of Mastery On Purpose. Some will go faster than others and the ride will be different. Yet, in the end they will all have followed the same course.

The Course of Mastery On Purpose:

The Course is very simple. It is navigating, negotiating, and maneuvering from doubt to believing, then knowing, and finally, developing ability. This is the ability to source and thrust Thought, Energy and Action On Purpose, across the curriculum of life. When Thought, Energy and Action (TEA) is On Purpose greater than 90%, this is Mastery On Purpose. You have mastered both curriculum and course.

Once you have completed this course with any of the curriculum, the others are better understood and more easily mastered.

For example, let's say that you have mastered the body On Purpose. Your chosen Intention gives the direction of Thought Energy and Action (TEA On Purpose) + 90%! This is to say you have dissolved your BUTs about the body and the trinity of sleep, nutrition and exercise is over 90% On Purpose. While this is one of the slower boats to take down the river, it is also perhaps the one of the most beneficial. Now that you know the course, having used the body to learn it, the same process will work with relationships, work, money, and each of the subjects in the curriculum of life.

Applied Wisdom On Purpose:

- Using the list above, look over the 18 subjects of the curriculum, allowing yourself to neutrally assess your ability to bring Purpose to each realm.
- Rate yourself on a scale of 1 – 10 in terms of thought, energy and action related to that subject On Purpose. Write the number rating next to each subject.
- Now find the three you rated the highest and the three rated the lowest and circle them.
- Take to mind the three rated the highest and consider “the course” you have taken to arrive at that high ability to be On Purpose with that area of life.

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- Now bring your attention to the three with the lowest rating. Note what insight you have about navigating, negotiating, and maneuvering that curriculum with a greater sense and power of Purpose.
- Ask, “Do I want to live On Purpose Now” with these subjects? Be patient and allow the Voice of Purpose to bring new insight. Decide if/how you will apply these new insights in the week ahead.

Remember not to forget... the curriculum of life is ever changing. It keeps coming and never stops. Once you have mastered “The Course On Purpose” you will meet the challenges of daily life and the curriculum it brings with uncommon Freedom, Power, and Inspiration....with Love.