ON Purpose Now.

Instructions for using Your Card On Purpose

To optimize the early stages in your shift to Purpose, the following are recommended (almost required) practices.

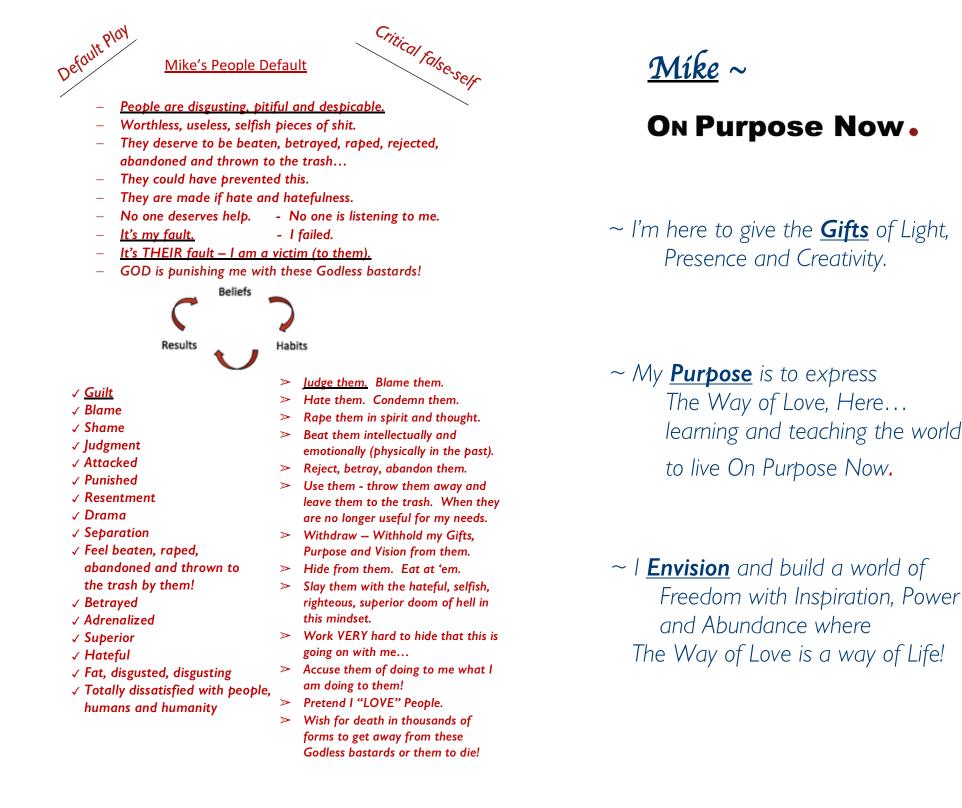
1. *<u>Review the card daily for six minutes.</u>

- 2. Pay particular attention to the default play. Learning when, where, and how this critical self gets activated. At this stage, you will receive the greatest value by getting to know the default play intimately. In this sense, Know fear = No fear.
- 3. You will learn what is on the paper, but that is not the primary purpose for this practice. Pay particular attention to the revelations that occur in your own mind. It is what happens in the mind while you expose this critical part of yourself that sets you free.

The default mindset is filled with fear, self-doubt and insecurity. We could say that this conditioned part of our mind is insane. It is our sane and creative mind that can see and accept this default for what it is. From this, you will learn what it is to be "led" by your Creative Self.

4. <u>Use this practice to learn when you're in default and practice making the</u> <u>shift purpose!</u>

Now is the most precious and opportune time to optimize making the shift to living Your Life on Purpose. This stage of the process may be disorienting as you are claiming your life to be guided and governed by your new found Purpose. Please email or give me a call if you are troubled. With the work you have done we can, together, unravel the most complex of fears and confusion with great speed now.



The Language of Love

expressed as the True/Creative Self.

The language of fear

expressed as the critical/false-self.

