

# Living On Purpose: an Art, Science and Sport.

## What does it mean to Live On Purpose?

This is a common question that seems to be imbedded in the minds of most people. Perhaps the question is better than any fixed answer we would give it. I have been studying and practicing Living On Purpose Now consciously, very actively and enthusiastically since September 29, 1990. As of this writing almost 28 years. I still learn everyday what it means, how the power is applied, realizing different applications in various situations and conditions of life are a common occurrence in each day. Thus, Living On Purpose is an Art, Science and Sport, an infinite (never ending practice) applied in the arena of daily life.

## What makes one successful at living On Purpose?

This is a long-deliberated question. It seems to go far beyond what most of us relate to as our individual self. There are environmental, cultural and spiritual influences the sum of which remain a mystery. However, there are certain factors that seem to have substantial influence in your ability to live more and more effectively sourced and thrust by your chosen Purpose.

They are:

1. An Open Mind
2. Honesty
3. Humility
4. Willingness
5. Intention
6. Practice

The last one, **Practice**, when persisted endlessly will eventually give rise to the other 5. If you are not sure about any of the others... **Practice!** This is the ONE thing *you can always do*. With practice, the other characteristics will come.

## What is the Art?

Living On Purpose begins with choosing a sovereign virtue or value as the central organizing principle from which the entirety of life is ordered. Just

# ON PURPOSE NOW.

embarking the discovery process and arriving at a Purpose as the sole motivation for existence, naturally thrusts you into the Art of Living On Purpose. From there the refinement of understanding and applying, bringing more and more grace, trust and true power to your embodiment and application can be a fine Art of expressing your Creative Self.

## **What is the Science?**

One definition of science is a systemically organized body of knowledge in a particular subject. In this sense, the science of Living On Purpose is being offered to you as the tools and teachings of the On Purpose Now Guidance System.

For example:

- Your Card On Purpose revealing the Creative and Critical self and the Choice.
- The Questions:
  - Do you want to live On Purpose Now?
  - Are you willing to see and admit what is in The Way?
  - Will you use your life as a daily practice?
- The BUT Reduction Worksheet
- The RED Dot Worksheet
- Your 10-Year Vision
- The Daily On Purpose Initiative Practice

These tools, and the theories and application of them, present the Science of Living On Purpose as a powerful body of knowledge and process to applying it.

## **What is the Sport?**

**Fear Hunting** is the Sport of Living On Purpose Now. The only thing that ever stops you from living On Purpose, in these conditions and with these people, is fear!

### **Know Fear = No Fear.**

Whenever you are not On Purpose for any reason and in any situation, you can be certain some fear is displacing your devotion and commitment to

# ON PURPOSE NOW.

Live On Purpose Now. If you can accept this as a sport and find your way to Fear Hunting passionately, the magnitude of power and effectiveness at living On Purpose increases dramatically. This simple practice creates a shift to Purpose that is essential to engage the sport. The moment you realize and admit that you are not On Purpose and become willing to see the fear that is displacing it... you are back On Purpose... Fear Hunting On Purpose Now requires the greatest tests and skill of your application.

See this week if you can advance your ability in the understanding the Art, applying the Science and engaging the Sport of Living On Purpose Now.