

# On Purpose Now.

## Fundamentals of Relationship On Purpose:

### Foundational Rules.

A constructive and creative relationship starts with personal and individual responsibility!..

- ♥ I own what I own absolutely. That is, I am absolutely responsible for my thoughts, feelings/energy and actions.
- ♥ I completely disown what I don't own. That is the thoughts, feelings/energy and actions of any other. Being responsible for my own, I allow others to be responsible for theirs as well.
- ♥ I fully agree to what I agree to. I do not agree to anything else.

### Communicating On Purpose.

- ⇔ I will listen to hear, understand and create clarity, rather than judging evaluating and being good superior and right.
- ⇔ I will speak to create clarity and creativity in the relationship. I will ask for clarification so that I may hear and understand. I will practice the use of invitations, requests and demands as the means to progress and agreements.
- ⇔ I will endeavor to listen deeply and fully and allow others to say everything they would like to express, without interrupting.

\*\* What both sides in any war really want is to be *heard and understood* by “the other side”. The beginning of listening On Purpose is the end of interruptions and the end of war. This could be the beginning of Love.