

On Purpose Now.

Discovering and living your life On Purpose takes rare courage and resilience. It is a journey which tests us through defeat while tenderizing and opening the mind and heart. Humility makes us willing.

Though it is 100% possible to live On Purpose Now, the Ego and our fear-based thought system is in strong opposition to it. Living On Purpose is not for the weak and faint of heart. It is not the growth and expansion of your bravo Ego either. It is for the heartfelt and those who simply persist with Intention, Honesty and Practice. It is more than likely you will encounter confusion, doubt and fears along the awakening journey.

Mike Valentine has made discovering, understanding and catalyzing the purpose of his life's work. He discovered a strength of spirit that survives the darkest depths of human suffering. It is not just in some of us. It is in every one of us.

If/when you get stuck, please do not hesitate to reach out and allow us to support you in finding your way to clarity, focus and direction. We'd love the chance to help lead you home to giving your Gift, living On Purpose and building the Vision you have of a better self and world.

While living On Purpose can be an inspiring idea, if it remains abstract, the real power and value is limited in daily life. Learning and bridging it into the grain and grit of life takes application and practice.

This Guide Module will support you in designing A Game Worth Playing. It includes playing for what matters most and supporting you to get your Purpose and Intentions into the grain.

A Game Worth Playing can be applied for any time frame or project you want to keep on track and On Purpose. A day, week, month, year (I recently designed one for 30 years, the rest of my life), or you can use it for a project or event. This is an extremely versatile and effective tool.

A Game Worth Playing

On Purpose Now.

Included are two documents to support you in designing A Game Worth Playing, On Purpose.

1. A Game Worth Playing design sheet.
2. Instructions for how to use it

They are both simple and straightforward.

Please print or save these files in a place where you have ready access to them.

By making it a regular practice to design and play A Game Worth Playing you will feel the Power of Purpose getting traction in the grit of Life.

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Instructions for designing A Game Worth Playing, On Purpose.

1. **Relax and let your mind and heart open.** These are both a bit like a parachute. They seem to work best when opened. Allow your thoughts to drift to the future and imagine how it will feel when you've won the Game Worth Playing you are about to design. Think of two or three words that describe what you will experience then.
2. **Create an Intention.** This is the spirit or nature of what you want to fuel your game. Maybe some of the words you thought of that describe what you will feel at the completion will fit here. For example, an Intention could be: To live with Freedom and Presence, Creating a sense of accomplishment.
3. **Now ask - what are the keys to succeeding with this?** Nobody knows you better than you know yourself. If you were your guide looking on from above, what would you say are the most important things to follow/do in this game to succeed? The answer to this will help to shape your "Game plan". For example: Stay in the game, notice when I want to quit and review this Game Worth Playing when I am wandering in a funk.
4. **Now "call your plays".** A play is a specific action you will take to make progress. For example: "Make 25 calls". Plays are the things that you truly plan to do in your game. They can be accomplished. You might say these are the agreements you are making with yourself. When you keep these agreements - run these plays, you build self-trust and the power of your Purpose gets stronger.
5. **Finally, once you have your plays, decide what you will "Play for".** In other words, what are the results you intend to produce by running your plays? For example, 3 new prospect meetings could be what you "play for" as the result of the play to "make 25 calls". You could also play for an experience like "Feeling connected to sweet tea when we snuggle".

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Here's how the examples above might look put all together in your Game Worth Playing:

Intention:

To live with Freedom and Presence, Creating a sense of accomplishment.

Game plan:

Stay in the game.

Notice when I want to quit.

Review this Game Worth Playing when I am wandering in a funk.

Plays (actions):

Make 25 calls

Snuggle with sweet tea!

Play for (results):

3 new prospect meetings

Feeling close and connected

Next is the design sheet for putting your Game Worth Playing all together.

Once you have completed the design of it, decide how frequently you will review it. You might note the times/days in your calendar as reminders.

-- You will feel a steady increase in the ability to source and thrust your Thought, Energy and Action On Purpose. With this, comes added Clarity, Power, and Speed, in that order.

A Game Worth Playing

On Purpose Now.

Date:

Intention:

Game Plan:

Plays:

Play For:

